

# Courageous Conversations

## Improve your **success** and strengthen relationships

Courageous conversations, by their very definition are important and can affect a person's success and well-being life. If handled properly, they create breakthroughs. If handled badly, they can lead to breakdowns. Whole relationships can hang on how these are dealt with. And the reality is many people do not deal with them well – or at all. They live in either a sub-optimal state or hope the situation will resolve itself.

Having these conversations is an essential leadership skill and one that is almost always a development opportunity. We regularly hear that even the most effective leaders can struggle to have productive, courageous conversations that move individuals, teams and organizations forward.

And there is a way to build courageous conversation skills quickly and practically AND not blow your budget.

*Connect the Dots* crafted an efficient lab-learning session that combines group learning and 1:1 coaching for maximum impact in less time than it takes to create something ad hoc.

### The Objectives:

When you complete this module, you'll be able to –

- Reproduce the skills and behaviors of successful courageous conversations
- Apply these skills and behaviors for real-time workplace interactions
- Integrate these skills and behaviors into your leadership profile

### Who will benefit:

- Senior managers and Directors who are challenged with giving clear, critical feedback
- Leaders who need to improve their relationships with their team members
- People leaders who know that having successful courageous conversations leads to an inspiring, empowering and a healthy work culture

### What you'll get:

- Updated definition of the skills needed for successful courageous conversations
- Tools and support to assess yourself against this definition
- A framework for improving your skills
- 1:1 coaching to customize your objectives & create your action plan
- A dynamic, group learning setting with professional peers

### The Details:

- 4-hour, facilitated working session (in-person or virtual)
- Pre-work to support session objectives
- Personality assessment report with debrief
- Exercises and discussion led by an expert leadership facilitator
- 3, 1:1 coaching sessions with a certified executive coach
- Resources to support your professional development
- \$3,000 investment for each participant